

PLEASE ORDER INSIDE AT THE COUNTER THANK YOU

Breakfast

CHEESE	£3.00
BACON	£3.90
EGG	£3.50
HAM & CHEESE	£3.90
CAFÉ FRESCO FULL MONTY (bacon, egg & cheese)	£4.80
BLT	£3.95
HAM AND CHEESE CROISSANT	£2.50
GRANOLA PARFAIT	£3.80
(Greek Yoghurt with Granola & seasonal fruit)	
BUTTER CROISSANT OR TOAST (with butter and jam)	£2.00

Pastries and Treats

BUTTER CROISSANT	£1.90
CHOCOLATE CROISSANT	£2.20
CINNAMON SWIRL	£1.90
PECAN PLAIT	£2.20
JAM TART (vegan)	£1.00
COCONUT MACAROON	£1.00

Sandwiches on Toasties

1 SLICED BREAD OR WRAPS

② MULTISEED BLOOMERS OR BAGELS	1	2
CHEESE	£3.00	£3.50
CHEESE & TOMATO	£3.50	£4.00
CHEESE & HAM	£3.90	£4.00
PLOUGHMAN'S	£4.00	£4.50
TUNA MELT (tuna, mayo, cheese, onion, arugula)	£4.20	£4.50
EGG SALAD (egg, mayo, Dijon, arugula)	£3.50	£4.00
TUNA SALAD (tuna, mayo, red onion, arugula)	£3.50	£4.00
CORONATION CHICKEN	£4.00	£4.50
ROASTED BBQ PULLED PORK	£4.00	£4.50

All served with side coleslaw or garnish Add extra toppings for 50p each

Soup	of	the	day
ASK INSID	FFORT	ΌΠΔΥ'S Ε	IAVOUR

SOUP & CHEESE TOASTIE	£5.00
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£3.00



Daily Homemade Specials

LASAGNE • STEWS • PIES • QUICHES • PAELLA • PASTAS • CHILLI • ALL-DAY BREAKFAST MUFFINS • VEGAN & VEGGIE DISHES

ASK INSIDE FOR TODAY'S HOT & COLD SPECIALS	£6.50
ADD A SIDE SALAD	£2.00

Savouries Hot on Cold

JUMBO SAUSAGE ROLL	£2.99
TORTA PATATA	£2.99
FRITTATA OF THE DAY (served with salad garnish)	£3.75

Jacket Potatoes

SERVED WITH SIDE SALAD GARNISH

CHEESE
CHEESE & COLESLAW
BAKED BEANS
BAKED BEANS & CHEESE
TUNA MAYO
EGG MAYO
HAM & CHEESE
TUNA MELT
CORONATION CHICKEN

BBQ PULLED PORK

Add extra toppings for 50p each

Kids menu

£5.00

£4.50

CHICKEN BITES AND BAKED BEANS SUGAR-FREE CORDIAL JUICE DRINK

or

CHEESE TOASTIE AND BAKED BEANS SUGAR-FREE CORDIAL JUICE DRINK PLEASE ORDER INSIDE AT THE COUNTER THANK YOU

Food Allergy Warning

Please note that food sold at these premises may contain the following ingredients:
Milk, Egg, Cereals Containing Gluten, Fish, Crustaceans, Molluscs, Nuts, Soy, Peanuts,
Sesame, Lupin, Mustard, Celery, Sulphites and other allergens

Desserts

NUTELLA AND WALNUT BROWNIE	£3.95
CHOCOLATE OR BLUEBERRY MUFFINS	£3.95
TRIPLE CHOCOLATE CHIP COOKIE	£2.20
WHITE CHOCOLATE AND RASPBERRY COOKIE	£2.20
DONUTS (ask for fresh daily option)	£2.20
CHEESECAKES (ask for daily fresh option)	£4.95
VEGAN CAKE (ask for daily fresh option)	£4.95
DEATH BY CHOCOLATE	£4.95
NUTELLA AND AND CINNAMON BRIOCHE CAKE	£4.95
CARROT CAKE	£4.95
RED VELVET CAKE	£4.95

Signature Milkshakes

VANILLA	£4.95
CHOCOLATE	£4.95
STRAWBERRY	£4.95
PISTACHIO	£4.95
BANANA	£4.95
MINT CHOC CHIP	£4.95
FERRERO ROCHER	£4.95
BANOFFEE	£4.95
KINDER BUENO	£4.95
SALTED CARAMEL	£4.95

Hot Drinks





ESPRESSO	£1.60	/ £2.20	/ £2.80
AMERICANO	£1.60	/ £2.20	/ £2.80
WHITE COFFEE / CAPUCCINO	£1.60	/ £2.60	/ £2.95
LATTE / OAT / SOY / ALMOND	£1.60	/ £2.60	/ £2.95
FLAVOURED LATTE (Cinnamon / Brownie / Caramel)	£2.10	/ £3.10	/ £3.50
IRISH COFFEE			£4.95
BAILEYS COFFEE			£4.95
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Hot Tea

BREAKFAST TEA	£1.60
GREEN / MINT / ROOIBOS TEA	£1.60
BLACK TEA WITH FRUITS / CHAMOMILE	£1.60
MATCHA / LATTE	£2.50
CHAI TEA	£1.70
MATCHA TEA	£1.80



Hot (hocolate	į
Cafe	Fregco	Style

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CLASSIC HOT CHOCOLATE	£3.99
DARK HOT CHOCOLATE	£3.99
WHITE HOT CHOCOLATE	£3.99
Tool Ton 1001100	
Tced Tea/Coffee	
FREDO ESPRESSO	£2.50
FREDO CAPPUCCINO	£3.00
ICED MATCHA LATTE	£3.00
ICED LACTOSE FREE LATTE	£3.80
ICED FLAVOURED LATTE (Cinnamon / Brownie / Caramel)	£3.95
MOCHACCINO	£3.20
ICED SOY/OAT MILK LATTE	£3.95
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ORIGINAL LEMONADE	£2.99
PASSION FRUIT	£2.99
LIME & GINGER	£2.99
BLACK CHERRY	£2.99
WATERMELON	£2.99
BUBBLEGUM	£2.99
STRAWBERRY	£2.99
Soft Drinks	
John Michael	
COCA COLA 0,33CL	£1.90
COCA COLA ZERO 0,33CL	£1.90
FANTA ORANGE/LEMON 0,33CL	£1.90
SPRITE 0,33CL	£1.90
WATER (still)	£1.70 / £2.50
WATER (sparkling)	£1.70 / £2.50
FRESHLY SQUEEZED ORANGE JUICE	£3.95
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HEINEKEN HALF £2.50 / PINT £3.50 **BEER JUG** £10.00 HEINEKEN 0,33CL £2.60 TINTO DE VERANO OR SANGRIA **GLASS £4.50 / JUG £10**

Selection of fine white, rose and red wines plus a variety of liqueurs and spirits available please ask your server

Fresh, tasty food and great coffee



